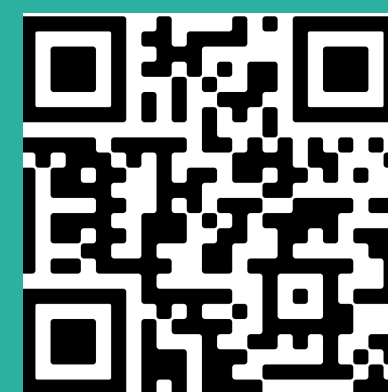


Join our Youth Mental Health Focus Group!

SCAN ME!



If you're aged **16-25** and you live or study in **Sussex**, we've got an **exciting opportunity** for you! If you'd like to take part in important discussions about **youth mental health**, self-harm, and how to improve support, sign up for our **online SHLN Focus Groups** by scanning the QR code above!



To find out more, email e-wellbeing@ymcadlg.org